

Robyn Michele Jones, RCST®, M.A., CMT

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intrinsictouchinstitute.com

Year became RCST: 2006

Year became Approved BCTA/NA Teacher: 2011

Business Name: Intrinsic Touch Institute

Primary Location: California

Other Locations: Oregon and upon request



Biography: I have been studying and practicing bodywork since 1984. I began teaching bodywork in 2002 after many years as an early childhood educator and leader of women's spiritual retreats and classes. With a strong background both in a variety of bodywork modalities and mindfulness psychotherapy, I have a broad experiential base to draw on. My continuing studies in anatomy, embryology, and pre & perinatal therapy inspire and deeply inform my teaching and my practice. I was drawn to BCST because of how the work evolves us both personally and professionally.

Teaching Style: Excited by all there is to learn and share, I delight in bringing variety to the experiential and didactic pieces in my classroom. With multiple disciplines informing the learning of BCST, I excel in integrating information and presenting it in an inspiring and understandable way.

Foundation Training Programs: This is a day program, we do 13 4-day modules over 20-24 months.

Average Class Size: 10-15

Maximum Number of Students: 20

Teaching Staff to Student Ratio: At least 1 to 5

Related Courses: Post-graduate classes. Intrinsic Touch (a form of myofascial therapy).

Tuition: \$600 payable per 4-day module, \$7800 USD total per training.

A non-refundable deposit on the last module is due upon application after Module 1 or by payment plan with the tuition of modules 2-5. Students agree to pay for each module, even if they do not attend all the days. The cost of make-up time is additional. We do not reimburse for classes attended.

Required activities/fees:

Students are required to receive 10 professional sessions from an RCST® outside of class for certification, cost determined by provider and is not included in tuition.

150 hours of practice sessions held outside of class.

Case Study report: 10 sessions with one client, included in the 150 practice sessions.

Home Study: reading, writing, and anatomy study is assigned with each module.

Student project required: 1) 1 hour of self-care/week; 2) A cranial nerve project or equivalent.

A massage therapist's level of anatomy & physiology study is required as a prerequisite or to be completed by the end of the training.

Support Materials:

Massage Table: (\$50-\$500)

Books: Franklyn Sills, Michael Kern, Roger Gilchrist, Peter Levine, Netter's Anatomy, Nina McIntosh

Skull Models recommended: \$100-300

What distinguishes your classes...In my classes, emphasis is placed on a nourishing and supportive learning environment. My teaching team prioritizes students feeling included and heard, and developing home study programs that fit each student's learning style. We foster a calm and paced environment that supports good relationships and a depth of experiential learning.