

Brian Tierney, RCST®, PhD

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<https://somaticdoctor.com>



Year became RCST: 2015

Year became Approved BCTA/NA Teacher: 2015

Business Name: Body Intelligence Training

Primary Location: San Francisco, CA

Other Locations: Worldwide. Bellingham WA, Austin TX, Chicago, IL, Minneapolis MN, Vernon BC, Auckland NZ, Melbourne Australia, Singapore, India

Biography: Dr. Brian has been a healing arts practitioner since 1999 and has practiced a wide range of psychosomatic modalities. He established his clinical work in Craniosacral Biodynamics when he treated cancer patients in New Zealand.

Brian teaches BCST trainings worldwide and Somatic Psychology courses to both Craniosacral graduates and students at Sofia University. He is a certified practitioner in the Rolf Method, has experience stewarding rites of passage rituals for men and boys, and is a postdoctoral intern doing psychotherapy work with diverse populations. Brian is a seasoned dancer who believes strongly in the power of the expressive arts.

Teaching Style: I regularly have the delightful experience that my students and I create “The Teacher” together and that I am an ambassador and voice for this co-created wisdom. I enjoy having a combination of laughter and depth in my teaching and it gives me a sense that I have the privilege of re-inventing my teaching style with my students as the work continues to evolve. I have a huge knowledge and experience base to draw from and love the feeling that the way the teachings come out are like a new painting each time- different colors, qualities, textures, and tones. My classes have intellectual rigour, poetic depth, and experiential breadth.

Foundation Training Program: A day program

Ten five-day courses over about 20 months with 2 months in-between

Average Class Size: 10

Maximum number of students: 20

Teaching Staff to Student Ratio: One staff for every two to three students.

Related Courses: Somatic Psychology for Craniosacral Graduates

Students can draw from the thousands of hours of research that went into achieving a PhD in Somatic Psychology. Classes often include emergent group processes that penetrate into the sociocultural dimensions of Biodynamics.

Tuition: \$944.00 USD per module

Monthly payment plan, or payment before each module. Significant discount on payment up front for whole curriculum

Required activities/fees: Students are required to receive 10 professional sessions from an RCST® outside of class for certification, cost determined by provider and is not included in tuition.

150 hours of practice sessions held outside of class.

Any case study requirements as applicable per training.

Support Materials: Massage Table~ \$200 Required texts~ \$100