

2024 ANNUAL REPORT

Biodynamic Craniosacral Therapy Association of North America

Through the practice, teaching, and sharing of biodynamic principles, we empower personal, relational and global well-being by encouraging awareness of the Inherent Health and Wholeness embodied in all.

Membership



Our membership remained steady for the last five years in spite of the pandemic, growing to 613 as of January 1, 2024, and is now on an upward trend.



Programs

2023 was a year to initiate and expand programs to support our membership



- Hosted our first in-person conference in five years: a hybrid experience celebrating our 25th Anniversary with over 125 Participants.
- A pilot program was created to support the mentorship of our Global Majority members.
- A new approach to supporting and approving prospective teachers was adopted.
- 5 New teachers were approved.
- The Stephanie Abramson Fund awarded \$6,500 in scholarships to our Global Majority* members to help them with their BCST foundation trainings.
- 3 Professional Enrichment Webinars, 4 Multi-Session Workshops,
 3 Meditations, and 5 TIDEtalks were offered to further educate our community to advance their BCST skills.

* People of the Global Majority (PGM) are Black, Indigenous, and People of Color, representing over 80% of the world's population.

2023 Financial Results



The Association is well positioned to cover our current liabilities, increase programs, and grow membership.

 Receipts
 \$ 197,290

 Disbursements
 \$ 201,868

 Net from Reserves
 \$ (4,578)

 Net Assets 12/31/23
 \$ 141,863

Board of Directors & Operations



Officers

Felicity Bensch, RCST[®] – President Gayle Buchner, RCST[®] – Vice President/Secretary Fred Snowden, RCST[®] – Treasurer

Directors

llene Antelman, RCST[®] Evelyn Olson, RCST[®] Linda Robinson, RCST[®]

Business Operations Team

Fred Snowden, RCST[®] Sheryl Lee, RCST[®] Danika Kubota, RCST[®] Pam Hower, Administration