

# **2024 ANNUAL REPORT**

#### Biodynamic Craniosacral Therapy Association of North America

Through the practice, teaching, and sharing of biodynamic principles, we empower personal, relational and global well-being by encouraging awareness of the Inherent Health and Wholeness embodied in all.

### Membership



Our membership remained steady for the last five years in spite of the pandemic, growing to 613 as of January 1, 2024, and is now on an upward trend.



## Programs

2023 was a year to initiate and expand programs to support our membership



- Hosted our first in-person conference in five years: a hybrid experience celebrating our 25<sup>th</sup> Anniversary with over 125 Participants.
- A pilot program was created to support the mentorship of our Global Majority members.
- A new approach to supporting and approving prospective teachers was adopted.
- 5 New teachers were approved.
- The Stephanie Abramson Fund awarded \$6,500 in scholarships to our Global Majority\* members to help them with their BCST foundation trainings.
- 3 Professional Enrichment Webinars, 4 Multi-Session Workshops,
  3 Meditations, and 5 TIDEtalks were offered to further educate our community to advance their BCST skills.

\* People of the Global Majority (PGM) are Black, Indigenous, and People of Color, representing over 80% of the world's population.

### 2023 Financial Results



The Association is well positioned to cover our current liabilities, increase programs, and grow membership.

 Receipts
 \$ 197,290

 Disbursements
 \$ 201,868

 Net from Reserves
 \$ (4,578)

 Net Assets 12/31/23
 \$ 141,863

#### **Board of Directors & Operations**



Officers

Felicity Bensch, RCST<sup>®</sup> – President Gayle Buchner, RCST<sup>®</sup> – Vice President/Secretary Fred Snowden, RCST<sup>®</sup> – Treasurer

#### Directors

llene Antelman, RCST<sup>®</sup> Evelyn Olson, RCST<sup>®</sup> Linda Robinson, RCST<sup>®</sup>

#### **Business Operations Team**

Fred Snowden, RCST<sup>®</sup> Sheryl Lee, RCST<sup>®</sup> Danika Kubota, RCST<sup>®</sup> Pam Hower, Administration