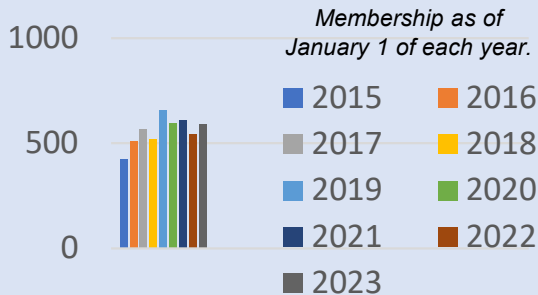




2023 Annual Report

Through the practice, teaching, and sharing of biodynamic principles, we empower personal, relational and global well-being by encouraging awareness of the Inherent Health and Wholeness embodied in all.

Members



We ended 2022 with 434 RCSTs, 48 Teachers, 64 Students, 32 Associates, 2 Affiliates and 10 International members .

We introduced a new International Professional Member category in 2022 to bring our association into the wider community.

Programs

Our emphasis was on expanding the field of practitioners and outreach: learning from and working with each other.

- Developed a range of online experiences for our community providing “value” and became better know world-wide.
- Hosted Professional Enrichment Webinars, Multi-Session Workshops, Settling Meditations, BIPOC Connection Circles, and Remote Exchange Sessions.
- Held a Virtual Conference with 15 speakers from the USA, Canada, Russia, France, Switzerland, United Kingdom and Italy, and 115 participants.

Stephanie Abramson Educational Scholarships

In 2022 we awarded 7 BIPOC members \$500 scholarships from the Stephanie Abramson Fund toward their BCST foundation trainings.

In memory and celebration of the life and work of Stephanie Abramson, the Abramson Fund was established in 2019, to support People of the Global Majority (PGM)*, Black, Indigenous, and other People of Color who are students and practitioners learning Biodynamic Craniosacral Therapy (BCST) and sharing the work in their communities.

2022 Financial Results

Receipts	\$ 176,933
Disbursements	\$ 130,056
Net to Reserves	\$ 46,877
Net Assets 12//31/22	\$ 150,391

The Association is well positioned to cover our current liabilities, increase programs, and grow membership.

Board of Directors

Officers

Jennifer Song, RCST® – President
Gayle Buchner, RCST® - Secretary
Fred Snowden, RCST®, - Treasurer

Directors

Elizabeth Hammond, RCST®
Felicity Bensch, RCST®
Ilene Antelman, RCST®
Linda Robinson, RCST®

Business Operations Team

Fred Snowden, RCST®
Sheryl Lee, RCST®
Pam Hower, Administration