“Craniosacral Principles in Support of Bonding and Attachment and the Formation of the Family”

Dr. Castellino will present videos that show how he and Homebirth Midwife, Mary Jackson prepare families for birth, support birth and connection between baby, mom and family after birth. In his work he pays attention to the quality of the energy in the family relationships. He will focus on how they incorporate the craniosacral principles with babies and families.

This approach changes the way craniosacral therapy is practiced. The practitioner uses all of his/her craniosacral skills but applies them in a way that facilitates the family relationships to support healthy bonding and attachment, and establish nursing. This approach teaches the family to live in consort with each other and in connection with the long and mid tides. We do this because the formation of the baby is dependent on the quality of the relationships he/she is having with his/her primary caregivers.

The way Dr. Castellino and Mary Jackson support families and her midwifery assistant team has resulted in only 3 transfers to the hospital in a region where the usual transfer rate is 25% to 45%.

Raymond Castellino, DC (retired), RPP, RCST®, draws on four decades of experience as a natural health care practitioner, consultant and teacher. His current practice focuses on the resolution of prenatal, birth and other early trauma / stress through an approach combining polarity therapy, craniosacral therapy, play therapy, trauma resolution, birth simulation and pre and peri-natal somatic psychology. Dr. Castellino is co-founder of About Connection with home birth midwife Mary Jackson. They have developed methods that have reduced her home to hospital transfer rate to 3 in 100. In the last 100 births 97 of them completed their births at home. He is the Clinical Director of BEBA, a non-profit research clinic in Santa Barbara devoted to strengthening the bonds between babies/children and their parents and optimizing childrens' physical, emotional and mental development. He is the Director of the Castellino Prenatal and Birth Training a 2 ½ year training program for professionals. He is beginning his 10th professional training in May of 2010 and will co-teach a training in Spain with Dr. Tara Blasco beginning in 2013.

Dr. Castellino is on the faculty of SBGI which offers masters and doctorates in both Pre and Peri-natal Psychology and Somatic Psychology; he is a frequent presenter at national conferences including APPPAH, APTA, CSTA-NA and others; and he was a founding board member of the aTLC. He has been practicing and teaching prenatal and birth therapy since 1993.

Over the two days, he will:

- Share videos, slides and stories of births and family healing sessions.
- Lead you in experiential exercises designed to strengthen your therapeutic skills
- Facilitate the sharing and deepening of your experience from the exercises through what he calls *Harvesting.*
He will specifically work to help you:

- Understand how your own early history and imprinting influence the way you currently practice
- Identify, differentiate, and be present with early material
- Strengthen accurate perception to improve the efficiency of your therapeutic choices
- Understand the influence attention has on therapeutic outcomes
- Deepen your awareness of subtle energetic changes during sessions to better support the therapeutic process

These skills are fundamental in creating and supporting healthy relationships. They are useful not only for working with your clients but also for enjoying in your personal life.

Who would benefit from attending this workshop?
The workshop is designed for a wide range of practitioners currently working with, or intending to work with, families in the child bearing and child rearing years. This includes craniosacral therapists, polarity therapists, midwives, doulas, counselors, nurses, doctors, osteopaths, childbirth educators, and other medical and healing arts professionals.