

Full registration includes all of the conference presentations and events and the following meals: Breakfast and lunch on Friday 19<sup>th</sup>, Breakfast, lunch and party on Saturday 20<sup>th</sup>, Breakfast and lunch on Sunday 21<sup>st</sup>. A single day registration includes lunch only.

**Conference Site:**

Embassy Suites Hotel  
201 Harrison Oaks Boulevard  
Cary, North Carolina, United States 27513  
Tel: 1-919-677-1840 Fax: 1-919-677-1841

**Accommodations:** Room reservations may be made at the Embassy Suites Hotel by phoning: 919-677-1840 or via email: [http://embassysuites1.hilton.com/en\\_US/es/hotel/RDUAPES-Embassy-Suites-Raleigh-Durham-Research-Triangle-North-Carolina/index.do](http://embassysuites1.hilton.com/en_US/es/hotel/RDUAPES-Embassy-Suites-Raleigh-Durham-Research-Triangle-North-Carolina/index.do) Please mention that you will be attending the BCTA/NA conference to get the discounted room rate and to ensure that BCTA/NA is credited with your room sale. **You are responsible for your own reservation.**

**Room Rates:**

Single occupancy	\$115.00 per night
Double occupancy	\$115.00 per night
Triple occupancy	\$125.00 per night
Quad occupancy	\$125.00 per night

**Transportation from the Raleigh-Durham airport:**

It is a ten minute drive from the airport to the Embassy Suites Hotel.

Embassy Suites Courtesy Bus	Free
Taxi	~\$12.00 USD

**Driving to Embassy Suites Hotel:**

From Raleigh Durham International Airport: I-40 East, take Exit 287 (Harrison Ave). Turn south at the end of the exit ramp, go through the first light. Turn right on Harrison Oaks Blvd and the hotel is located 1/2 mile on the right.

From I-40 East or West: Same as above

From 15-501 North or South from Chapel Hill or Durham: Take I-40 East for 18 miles and Take 287 (Harrison Ave). Turn south or right at the end of the exit ramp on Harrison Ave, go through the first light, turn right on Harrison Oaks Blvd and the hotel is located 1/2 mile on the right.

**About the Conference**

The Conference is about being together with like-minded people, embracing the intention of biodynamic living, building community, and also having fun. We will explore fascinating new material relating to craniosacral therapy, lymph work, pre and peri-natal work, continuum, wellspring, psychospirituality, fluid tides and field resonance.

**FRIDAY, September 19, 2008**

- Teachers' Panel: *The Essence of Biodynamic Craniosacral*
- Networking Café

**SATURDAY, September 20, 2008**

- President's Report and General Meeting
- Party & Celebration

**SUNDAY, September 21, 2008**

- Recognition and Closing Circle

**September 22-24, 2008**

Post Conference Workshop  
COMFORT SUITES HOTEL RTP/RDU (5 Miles from conference site, transportation provided)

5219 Page Road  
Durham, North Carolina, United States 27703  
919-314-1200, [www.choicehotels.com](http://www.choicehotels.com)  
*Prices for 3 day Workshop same as conference registration fee*

**The Nature of Being**

Franklyn Sills, RCST/UK, MA, RPT  
The nature of spirit and being within a Craniosacral Biodynamic context will be explored in this three day seminar. We will explore the holding environment, and the nature of the *basic needs of being and well-being* as described by Dr. Frank Lake, with the intention of healing wounds at the level of being within a Craniosacral context. Within this exploration we will also orient to the heart center as the seat of being, and to the Stillness that centers being-in-this-life.



**BIODYNAMIC  
CRANIOSACRAL  
THERAPY  
ASSOCIATION OF  
NORTH AMERICA**

INVITES YOU TO JOIN  
WITH OTHER MEMBERS  
OF OUR COMMUNITY AT  
THE FIFTH BIENNIAL

**"BREATH  
OF LIFE"  
CONFERENCE**

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SEPTEMBER 19-21, 2008  
EMBASSY SUITES HOTEL  
RESEARCH TRIANGLE, CARY, NC

## SPEAKERS & EVENTS

### **FRIDAY, September 19, 2008**

#### **“Being and Becoming”**

Franklyn Sills, RCST/UK, MA, RPT

This presentation looks at the nature of the "being-state", the ability to simply be, and its significance in Biodynamic Craniosacral Therapy. This will be approached via spiritual traditions and via the importance of "simply being" in the development of personality and psychodynamics. In this context, the nature of the early holding environment and its influence in the therapist-client relational field will also be explored.

#### **“Spiritual Implications of Nerve Facilitation”**

Roger Gilchrist, RCST®, MA, RPP

This presentation integrates traditional osteopathic concepts with psychoneuroimmunology and central themes from transpersonal psychology. Biodynamic craniosacral skills that are useful for ameliorating facilitated nerve pathways will be practiced, and their broader applications to spiritual growth discussed.

#### **“Exploring the Relational Field Dynamics of Early Trauma”**

Peggy Reynolds-Olsen, RCST® & Shelli Worrall, RCST®  
Traumatic events during pregnancy, birth, and early childhood weaken a child's capacity to experience safety, love, and expressions of joy which are elements vital to their well-being. Learn strategies to resolve the traumatic affects of birth, to strengthen the family connection, and to support optimal brain development and secure attachment.

### **SATURDAY, September 20, 2008**

#### **“Resonance & Restoring Resilience in the Nervous System”**

Mary Louise Muller, RCST®

Blending concepts from Stephen Porges' Social Nervous System, HeartMath's Carrier Wave function and Biodynamic Craniosacral's Wholistic Shift, we will deepen our understanding and ability to restore balance in the Nervous System.

#### **“The Power of Attuned Responsive Relationships”**

Jean Weitensteiner RCST®, OTR/L

Jean will share an integrated approach that focuses on developing “attuned responsive relationship”. The focus will be on developing presence and responsiveness within a whole family and its environment.

#### **“Structure in Motion- Working with the Knee”**

Christopher Muller, RCST®

In this presentation we will use a combined biodynamic/functional approach to the knee. We will look at detailed anatomy, work with stillness, potency and embryological impulse, listen for unfolding states of balance and integrate body postures and gaits.

#### **“Approaching Intelligently: Tools for Cultivating a Relationship with the Living Ground”**

Maya Kaya (aka Margaret Rosenau) RCST®

In this workshop we will honor our cultural perceptions that favor the inanimate and static over the alive and dynamic. Then we will disengage from this way of viewing and together remember and reinvigorate a deeper perceptual knowing that sees the aliveness and potency in everything.

### **SUNDAY, September 21, 2008**

#### **“Tracking the Breath of Life”**

Sharon Porter, RCST®, SEP, RPP

This presentation will discuss tracking the inhalation of the Mid-Tide as a gateway into the inherent treatment plan. Sharon will discuss using dialoguing skills and practitioner energetics to build potency and hold states of balance until deep reorganization occurs.

#### **“BCST & Continuum Movement: A Perfect Marriage”**

Cherionna Menzam, RCST®, Ph.D., OTR/L

Lecture and experiential exploration compares concepts of Continuum and BCST. Settling deeply with breath, sound and slow, resourcing Continuum movement.

#### **“THE AMAZING FLUID INTERCHANGE; LYMPH AND CSF”**

Kathleen Morrow, RCST®, RPP, LMT

A look at the anatomy/physiology of the lymphatic system and how it interfaces with BCST. Using the biodynamic skills of practitioner neutral and a wide field of perception, we will experience the rhythm of lymphatic fluid at its terminus in the thoracic inlet.

#### **“Biodynamic Forces in Nature”**

Peggy Rene Risch, RCST®

Participants will explore scientific and energetic principles of the biodynamic forces that are found in nature. This presentation will be rich in images that facilitate a felt sense of inherent Health and Wholeness that is easily accessible during a biodynamic craniosacral therapy session.

## REGISTRATION

### **REGISTRATION FEE**

Postmark before 6/30: Members \$385 Non-members \$460

Postmark 7/1-8/31: Members \$445 Non-members \$520

After Aug 31: Members \$495 Non-members \$570

### **Single Day**

Postmark before 8/31: Members \$150 Non-members \$155

Single Day after 8/31: Members \$145 Non-members \$175

NAME: \_\_\_\_\_

ADDRESS: \_\_\_\_\_

EMAIL: \_\_\_\_\_

PHONE #: \_\_\_\_\_

I have enclosed a check/money order for \$ \_\_\_\_\_  
(payable to BCTA/NA)

I will be paying by credit card: Type \_\_\_\_\_

CREDIT CARD #: \_\_\_\_\_

EXPIRATION DATE: \_\_\_\_\_

SIGNATURE: \_\_\_\_\_

Mail your payment to: Edwin Nothnagel, 150 Cross Creek Court, Chapel Hill, North Carolina 27517

I will bring my massage table and receive a \$25 reimbursement at the conference

*Note: Massage tables will not be available at the conference. You may bring your own table or mat.*

**You can purchase an Upledger air mat for \$35**  
**(<http://www.iahe.com/controller/iaheProductDisplay?productCode=AIRUI>).**

For Information or to Register on-line go to:

**<http://www.craniosacraltherapy.org/Conf.htm>**  
or call:

Carol Verner 919-933-2330

Edwin Nothnagel 919-349-3914