

Deepening into the Waters, Breathing the Breath of Life:

Continuum Movement Clinical Applications in Biodynamic Craniosacral Therapy Sessions

with **Cherionna Menzam, PhD, OTR/L, RCST®**

September 20, 9 a.m. – 4 p.m.

Mount Madonna Retreat Center near Santa Cruz, CA

Continuum is an inquiry into the mystery and potential of our fluid bodies. In this one-day workshop, you will learn about some remarkable overlaps between Continuum and Biodynamics. You will explore the effects of the breath, sounds, movement and subtle awareness of Continuum in your own body in the morning. In the afternoon, we will take this powerful work to the massage table, and blend it with the respectful relational hands-on contact of Biodynamic Craniosacral Therapy.

Cherionna Menzam is an authorized Continuum teacher and certified Biodynamic Craniosacral Therapy instructor with the BCTA/NA*. She integrates Continuum into her Biodynamic trainings and individual sessions across North America. She draws on her varied experience as Occupational, Massage, Prenatal and Birth, and Dance/Movement Therapist, plus Intuitive and BodyMind Psychotherapy. Cherionna holds graduate degrees in Pre- and Perinatal Psychology and Somatic Psychology and has taught in both fields. She has a private practice in Nelson, BC and Santa Monica, CA. More information on Cherionna available at www.cherionna.com.

This is a one-day post conference workshop following the BCTA/NA Breath of Life Conference September 16 – 20.

More information on BCTA/NA, the conference, and registration available at www.craniosacraltherapy.org or contact Marilyn at angellbt@gmail.com or (724) 468-8578.

**Biodynamic Craniosacral Therapy Association of North America*