

**Kate Klemer, RCST®, DC**

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Year became RCST: 2001

Year became Approved BCTA/NA Teacher: 2013

Business Name: Biodynamic Cranial School of Divine Structure

Primary Location: Charlemont, Massachusetts/Western

Massachusetts



**Biography:** As a child I had asked Santa for a doctor bag with all the toy doctor tools. In Chiropractic College I received a session of craniosacral therapy which woke me to take an Upledger Course with Clyde Ford, study with the cranial club, and Dr. Stober. Graduating from Chiropractic College in 1988 taught me how to support the Health in people. I started practicing in 1989. In 1998 I took a cranial osteopathy course in London where I met Michael Kern. I completed his biodynamic training in 2001. In 2013 I completed my teacher training and began teaching.

**Teaching Style:** I start class by teaching material in a guided meditation. I present a lecture with clinical stories from 30 years of practice, allowing questions. I teach demos and during table work I go around to tables to magnify and clarify the field to support students learning. My strength is years of putting my hands on people listening to their Health.

**Foundation Training Program:** Our training can be a day program or a residential program. It is the student's choice. Our school has student affordable accommodations if the student wants to stay. Our program consists of three 5-day modules and eleven 3-day modules with six to eight weeks in between modules. The entire course runs 22 – 24 months.

**Average Class Size:** 12

**Maximum Number of Students:** 18

**Teaching Staff to Student Ratio:** 2 – 3 graduated practitioners to each student

**Related Courses:** Related courses will be offered in the future.

**Tuition:** \$7500 USD per training. Students pay the first and last module, then per module. They pay whether they are there or not and are required to make up missed classes. There are no discounts available for early or full payments. We have payment plans, and a work study position. 30 days after module 1 students can opt out of the training and get a full refund. They can also be refunded if they have an illness or unexpected life event that does not enable them to take the class at any time during the training.

**Required activities/fees:** After module 4 a student clinic is required. Session Supervision is also required for a low fee. Students must be in good psychological and physical health.

**Support Materials:**

Massage Table: (\$120-\$500)

Books: Franklyn Sills, Cranial Intelligence, Michael Kern – books can be used so prices vary

Skull Models: \$150+++

**Distinguishing Class Features:**

- They are small
- I have a lot of clinical experience
- I provide a student clinic that is supervised by me or a graduate
- My background is akin to an osteopath, not psychotherapy
- I have treated patients with over 8000 cranial sessions
- I have lots of experience with treating clients with functional health imbalances
- I have studied in depth pathology, neurology, neurophysiology, biochemistry, anatomy, physiology, orthopedics, embryology, genetics, biomechanics, digestion, and nutrition

I really enjoy teaching. It takes time to learn to be a teacher by just getting out there and doing it. Now that I will be starting a new training each year, I will get to be in the teaching field in a consistent way every month. After teaching four trainings I am starting to get my “teacher legs.” It took me years to be ready to talk about this work, and speak about it. I needed time to sit with what I have experienced in giving biodynamic craniosacral therapy sessions in my practice before I began teaching. I feel that what we eat, and how we are with our feelings greatly influence our health.

I have studied emotional regulation, and genetic functional nutrition; and their intersectionality with biodynamic craniosacral therapy. I am very interested in the Hypothalamus, Pituitary, Adrenal, Testes/Ovary, Thyroid, Pancreas, Liver Axis, and epigenetic imprints. I feel that this work along with diet can support a balanced autonomic nervous system, which is the basis of all wellness and health. I also notice that early pre and perinatal imprints can be healed with this work, and that influences our health from the bottom up.

I like this work because I find it supports people emotionally through strengthening a felt sense of safety in the body.

This is a professional training, and I want to support graduates in practicing this powerful transformative work. At the same time they get to grow and evolve from the training themselves. I am not an ego based teacher. I teach from a place that we are all here to learn, and there are no mistakes in the school of life. My goal is to be of service

to others that are open enough to take in the power of the breath of life to transform their life in a positive way.